

WELCOME!



Ryan Zabawa, Director of Student Services
Andrea Phillips, Social Work Coordinator
Allyson Headrick, Safety Social Work Coordinator
Kristi Lange, Safety Social Worker

Mental Health Supports

Summary of Mental Health Supports funded:

- Threat Assessment
- School-Based Mental Health Therapy

NOTE: The interlocal agreement funds a portion of the mental health support LPS provides which is what we will cover today.

Threat Assessment Team

Security Coordinator - Jon Sundermeier

Safety Social Work Coordinator - Allyson Headrick

Safety Social Worker- Kristi Lange

Lincoln Police Department - Investigator Nate Hill

Blue Valley Mental Health Therapist- Keri Nider

Threat Assessment Team

- Primary function: assess and manage targeted violence risk
- Help students and families to maintain community safety
- Support students, families, and school staff:
 - Creating safety plans
 - Engaging families in services
 - Aligning school supports
 - Continuity of care
- Partnership with Lincoln Police Department
- Aligned with national standards on targeted violence management
- Value professional networking and professional development

Referrals to the Threat Team

✓ Select Incident Type

Abuse/Neglect

Domestic Violence

Mental Health Crisis Response

Other Incidents

Self Harm/Injury

Sexual Offending Concern

Stalking

Suicide Risk

Suspension/Expulsion Report

Violence Risk Concern

- The majority of the referrals are initiated by the schools directly to the team.
- Report is documented into an Incident Report System.
- Top 3 areas: Violence Risk Concern, Mental Health Crisis Response, and Other incidents



Safe to Say
Report a Safety Concern or Tip



Safe2Help Nebraska - 833-980-7233
Safe2Help, Nebraska, United States
531-299-7233 | www.safe2helpne.org

Safe to Say

Safe2Help

- **Non-Emergency Safety Concern or Tip**
- Collaboration with Student Services and Security Departments.
- Students, parents/guardians, staff or community members
- Anonymous reporting available.
- On all student chromebooks and on LPS homepage

Allyson Headrick & Kristi Lange

- Safety Social Workers:
 - clinical case management
 - monitoring
 - safety planning
- Coordination of additional mental health services
- Assist with safety planning and managing safety concerns

Threat Assessment Team

Behavioral Health Support

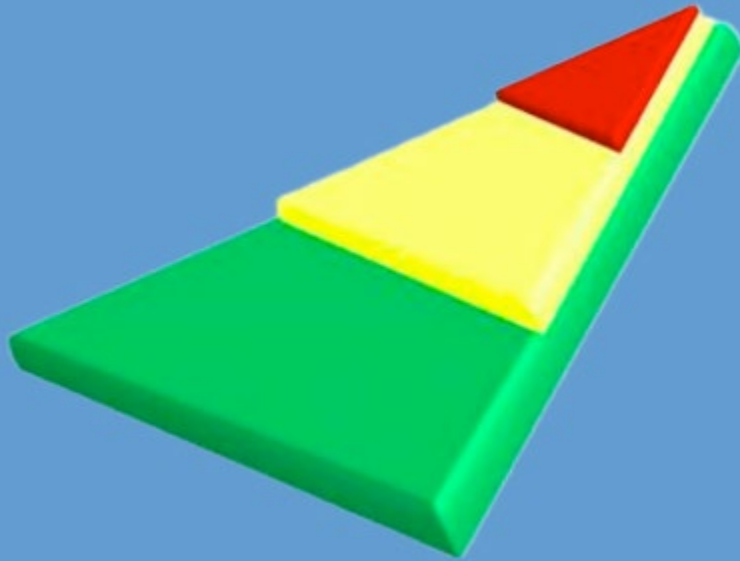
Blue Valley
Behavioral Health

- Specialization in violence prevention and management of targeted violence.
- Eliminate barriers for behavioral health supports for students with safety concerns.
- Ongoing therapy, Evaluations, Crisis Response and follow up, and Youth Assistance Process at Student Support Program.



LPS - Community Agency Therapists' Collaboration

Therapy is part of MTSS-B



School-Based Therapy

- We integrate community mental health supports within MTSS-B tiers
- Mental health support positively impacts behavior
- Therapists are located in schools
- Social workers use data to manage referrals

Candidates for School-Based Therapy

- Significant life stressor(s)
- Disruption in multiple life domains due to stressor(s)
- Mental health symptoms
- Lower level interventions have been tried
- Barriers to participation outside of school
- Willing to participate

Blue Valley Behavioral Health

YAP

- 18 schools served
- 192 students
- 6-10 sessions

Threat Assessment / Student Support

- 19 students served in therapy
- 24 students served through YAP
- 41 students served through SAMI
- Evaluations, short term interventions, and ongoing therapy



Family Service

- ❖ Therapy at Arnold, Brownell, Calvert, Norwood Park, Randolph and West Lincoln
- ❖ 82 Students served
 - 1,354 direct individual hours
 - 657.5 indirect hours
- ❖ 46 Family Sessions
- ❖ 75% successful closure rate



HopeSpoke

- Therapy at Lux, Goodrich, Pershing and Lakeview Schools
- 33 youth served
 - 31 youth had case management too
- 575 total sessions
- 85.7% of youth demonstrated the same or improved daily living (DLA-20 outcome measures)



Total Students Served

	Blue Valley (YAP)	Blue Valley (Threat Assessment/ Student Support)	Family Service	HopeSpoke	Students Served
22-23	216	19	82	33	391
21-22	240	16	106	34	396
20-21	230	15	143	34	422
19-20	143	28	95	30	296
18-19	165	17	45	27	237

LPS Student Satisfaction Survey

2022-2023 School Year

- ★ **80% of Students are satisfied with therapy services.**
- ★ **76% of Students are comfortable talking with their therapists.**
- ★ **98% of Students believe their therapists treat them with respect.**
- ★ **88% of Students agree or somewhat agree that therapy helps them handle their daily lives**

LPS Staff Survey of Community Mental Health Supports

2022-2023 School Year

- ★ **83% of School Staff believe they have a moderately high level of collaboration with the School Based Therapist.**
- ★ **64% of School Staff believe that they can access School Based Therapy in a timely manner.**
- ★ **78% of School Staff believe they receive a moderate to high level of feedback from the School Based Therapist**

Community Partner Agency Staff Quotes

2022-2023 School Year

Student and Family Feedback

" We are so grateful to have our therapist here. She does amazing work with students. They trust her and they always look forward to their time with her. She is VERY easy to reach and does a great job sharing information/strategies. I have learned so much from her."

" Our therapist was fantastic at being helpful and flexible during crisis situations, particularly when they occurred on days that they were not assigned to the building"

" Our students being served have a lot of trauma and continued family dynamics that make it stressful. Having them see our therapist is incredibly helpful!"

" Having an ongoing in-school therapy option is a great benefit to students and our families. Students who would likely not be able to get therapy outside of school are able to get connected to services at school. Students seem to really enjoy and connect well with our therapist at Hartley."

Community Partner Agency Student Quotes

2022-2023 School Year

Student and Family Feedback

“I received support for a lot of my mental health issues which were taking a hard impact on school, social life, home life and everything.”

“I feel very satisfied with the work I’ve done with my therapist. She has helped me become the person I am today, and to learn how to cope with these struggles.”

“ Being able to sit and vent to someone who can listen and give me a non bias opinion”

“I am able to manage my emotions better and be able to help others better”

Ongoing Challenges

- Therapist retention and recruitment
- Agency funding sources
- Accessibility of outside community services
- Sustainability

Broader Vision

1. Improve integration between therapy & school supports.
2. Improve student outcomes (academic & behavioral).
3. Align to Board Equity Goals of Trauma Informed Practices and Restorative Practices with School Based Therapy Services.